

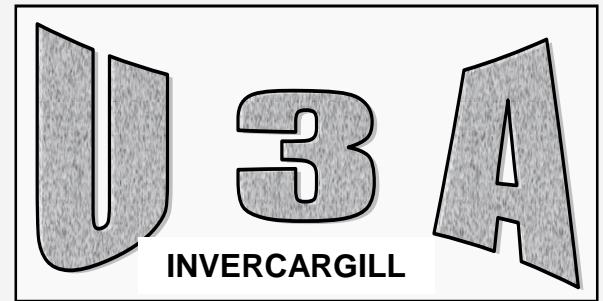
COMMITTEE 2016

1	Nola	Cavanagh
2	Liz	Cruickshank
3	Michael	Fenton
4	Isabel	Hopkins
5	Flemming	Jensen
6	David	Karran
7	Brian	Lucy
8	Jean	Mcllwrick
9	Daniel	Phillips
10	Richard	Piper
11	Robyn	Savage
12	Jennifer	Sinclair
13	Leila	Stokes
14	Shirley	Wood

3 & 12	Co Presidents
9	Vice President
1	Secretary
4	Treasurer

Contact dphillip@es.co.nz if you prefer
to receive your
brochure by Email.

Website: www.u3ainvercargill.nz



2016 Series 7

Oct. 14 to Nov. 11

FOOD AND ITS JOURNEY TO THE TABLE

After a good dinner one can forgive anybody, even one's own relatives. - **Oscar Wilde**



Venue: Windsor Community
Church Hall Windsor St.

Time: 10 a.m.

Cost: \$15 per person

Register and keep up for the price of a coffee.

FOOD AND ITS JOURNEY TO THE TABLE

Life expectancy would grow by leaps and bounds if green vegetables smelled as good as bacon.

Session 1 Friday Oct 14

Presenter: Victor Thompson
Managing Director of
Mossburn Enterprises Ltd

Exporters of Waituna Brand Eels and Fish Products. Victor will talk about the journey he has taken and the products life journey.

Session 2 Friday Oct 28

Presenter: Janice Lee
Project leader of Koha Kai

Janice founded a multi faceted Charitable Trust focused on "Encouraging a Life of Purpose" for people in our community who have been isolated by disability. They do this by providing affordable, nutritional lunches for children in low decile schools.

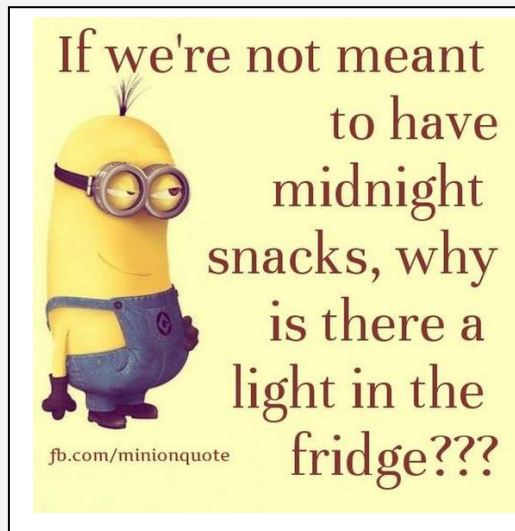
Session 3 Friday Nov 11

Presenter: Lynzy Frances

Manager Wholesale Fruit and Vegetable market.

Where do our 5 plus a day come from and where do they go from Mersey Street?

Note the date of each session.
You will have to fast on alternate Fridays!



Enquiries to
Isabel Hopkins 217 8647

Registration Form
Please enrol the person(s)
named on the reverse.
for

Series 7 2016

Amount enclosed
\$15 per person

Amount	Cash	Cheque
\$		

Make direct credit payments to
03 1746 0080910 000
using your name, series and
telephone numbers.
Registration form not required.

Please Post your registration to:
The Treasurer,
U3A Invercargill
P O Box 6147
Invercargill North
Invercargill 9841



Daniel