

COMMITTEE 2021

6	President
3	Vice P.
1	Secretary
10	Treasurer

1	Nola	Cavanagh
2	Fin	Collie
3	Liz	Cruickshank
4	Diane	Fletcher
5	Robvn	Garden
6	John	Henderson
7	Isabel	Hopkins
8	David	Karran
9	Brian	Lucy
10	Rosemary	McGeachie
11	Jean	Mcllwrick
12	Daniel	Phillips
13	Robvn	Savage
14	Jennifer	Sinclair
15	Leila	Stokes

We prefer to contact you by Email.
If you have an Email address, and we are not aware of it, how about letting us know.
Spare paper copies of the brochure are always available if you are unable to print one for yourself.

Series organised by:
Nola Cavanagh
Liz Cruickshank

**When you come through the door
please remember to tick the
appropriate box. In this age of
Covid that's more important
than ever.**

Get your brochure by Email at
armadillo228@outlook.com
or go to our website:
www.u3ainvercargill.nz



*2021 Series 3
Saturday April 10
Friday April 16*

**Brain Health
And
Global Wealth**



Venue: Windsor Community
Church Hall Windsor St.
Time: 10 a.m.
Cost: \$20 per person
Register and keep up for the price
of a coffee each Friday.

Brain Health

Session 1 Saturday April 10
Presenter: Dr Yoram Barak

This presentation begins on Saturday morning
at 10.30am followed by questions.

We will break for about half an hour for a light
lunch. This will be provided and is included in
your registration fee.

The presentation resumes, again followed by
questions, finishing at about 2.30pm.

Dr Yoram Barak is an Associate Professor of
Psychiatry at the Otago School of Medicine,
Dunedin and consultant psycho-geriatrician at the
SDHB. He is the convenor for 4th year students for
the department of psychological medicine.

Trained in medicine and psychiatry at the Sackler
School of Medicine. In 1993 he became an Israel
Medical Scientific Council Specialist in Psychiatry,
and in 2004 was awarded a Master in Health
Administration from Ben-Gurion University, Beer-
Sheva, Israel. Dr Barak was the medical director
of Israel's inpatient psychiatric services for
Holocaust survivors for 25 years. He is past
president of the Israeli Association of Old-Age
Psychiatry, and is on the associate editor for
Aging Psychiatry of the *Frontiers in Psychiatry*. Dr
Barak serves on the board of the Faculty of
Psychiatry of Old Age for the RANZCP Psychiatry.

Research interests include a wide range of
psychiatric conditions with special emphasis on
old-age psychiatry, and suicide. He has published
extensively in these areas, and is
author or co-author of over 200 peer-reviewed
journal articles. His book "Preventing Alzheimer's
Disease" has been published in the US.

Global Wealth

Session 2 Friday April 16
Presenter: Ralph Hanan

Until retirement, Ralph Hanan worked at
the World Bank as agricultural economist,
initially for investment projects and later
for country agricultural policies. His father was Attorney General and
Justice Minister.

He has led consultations with staff and
NGOs and for drafting operational
policies, in close collaboration with the
Legal Dept., and submitted proposed
policies to the Board for approval. Ralph
advises his local council, lectures, and
has published newspaper articles on
spatial urban planning, energy efficiency
for transport and warm healthy homes,
and general development issues of
resource productivity and diversification.

Registration Form

Please enrol the person(s)
named on the reverse or below
for:

Series 3 2021

Amount enclosed
\$20 per person

Amount	Cash
\$	

Registration form not required.
Make direct credit payments to
03 1746 0080910 000
include your name, series and
telephone numbers.
Eftpos – debit card payments available.

Register with:
The Treasurer,
U3A Invercargill
65 Durham Street
Waikiwi
Invercargill 9810

Name:.....

