



Committee 2025-6

1	President
	Vice President
5	Secretary
7	Treasurer

1	Pam	Butler
2	Nola	Cavanagh
3	Fin	Collie
4	Stuart	Elder
5	Diane	Fletcher
6	Isabel	Hopkins
7	John	Low
8	Rosemary	McGeachie
9	Jean	Mcllwrick
10	Murray	Pfeifer
11	Dave	Savage
12	Laurel	Swan
13	Jenny	Walker
14	Vic	Wilkinson

Coming up this year:

1. Meandering down the Byways of Medicine
2. Antarctica

Registration Form - Series 3 2025

Payment methods in order of preference

1. Direct Credit to
Acc: 03 1746 0080910 000
2. EFTPOS
Debit card payment available on the day
3. Cash in an envelope, please, with your name or include this registration form. Amount enclosed \$30 per person

Cash enclosed
Name:
\$

Contact

We prefer to contact you by email. If you have an email address, and we are not aware of it, please let us know.

Spare paper copies of the brochure are always available if you are unable to print one for yourself.

Series Organiser

Murray Pfeifer



May 2025

Series 3

Growing Up Well: Modern Challenges in Child and Youth Health and Social Development

Venue:	Windsor Community Church 19 Windsor St
Time:	10.00am
Cost:	\$30 per person

"Growing up, I have discovered over time, is rather like housework: never finished." – **McMaster Bujold**

Series 3 - Child and Youth Health and Social Development

Session 1 : Friday 2 May

Cystic Fibrosis: From Genetic Discovery to Transformative Therapies

Presenter: **Dr Michaela Groves**



Bio: Michaela was raised in Australia before moving to Dunedin to study medicine. She has worked in Christchurch, Nelson, Melbourne and now Invercargill. She married a Southlander and has recently been appointed to a permanent position as a consultant paediatrician at Southland Hospital. She is currently on maternity leave with her second child and in her spare time enjoys gardening and being in the ocean

Synopsis: This lecture will cover a number of aspects of this disease including a brief outline of the history, survival over the decades with specific mention of NZ, “modern” treatment in the 80’s just before the discovery of the CF mutation, the discovery of the 1st and most common mutation in 1989, newer therapies of the 90’s and 2000’s including Pulmozyme and Tobi and macrolide therapy, and lastly a discussion on Trikaftor and other caftors that have transformed CF care world wide.

Session 2 : Friday 9 May

ENGAGE and ENRICH: Towards a better future for our children

Presenter : **Jimmy McLachlan**



Bio: Jimmy is the Kaiwhakawhanake Pakihi | Chief Development Officer at Methodist Mission Southern. He is responsible for the development and delivery of evidence-based programmes, including; self-regulation and oral language initiatives for preschool children, virtual reality foundation education programmes for prison learners and transitional youth housing models.

Jimmy is currently leading the scale-up of the ENGAGE self-regulation programme to over 2,000 early childhood education services in New Zealand, and co-leading the Kia Tīmata Pai Study - researching the effects of supporting self-regulation and oral language skills for 1,600 children across 140 ECEs, and leading the development of the ENRICH language programme for delivery in ECEs.

Jimmy is also the co-founder of the Aotearoa Lifecourse Fund - a venture philanthropy initiative in New Zealand that supports evidence-based programmes that develop critical lifecourse skills – providing grant funding and capability building support to grow their impact and reach, and improve their prospects of long-term government funding at scale. www.lifecourse.nz

Synopsis: Jimmy will share the story of how the world famous self-control research from the Dunedin Study in 2011 laid the foundation for a play-based programme called ENGAGE that is now benefitting pre-school children across Aotearoa, thanks to large-scale government funding. Jimmy will also share the latest findings from the Kia Tīmata Pai child development study (a gold standard research trial that was co-founded by the late Professor Richie Poulton) and explain what those findings may mean in terms of long-term improvements to policy and practice in this country.

Session 3 : Friday 16 May

The Welfare of the Child

Presenter: **Laura Black**



Bio: Laura Black is Director of Methodist Mission Southern and is based in Dunedin. The Mission’s work includes providing an evidence-based development programme for pre-schools, three Youth Transition Houses in Otago and Southland, and Sustaining Tenancies and Parenting Through Separation courses. Laura is Chair of the Dunedin Study Governance Group, is the New Zealand Social Sciences Commissioner for UNESCO, and is a member of the Social Investment Board.

Synopsis: Nothing in life is so important as being loved and cared for as a child. How can we, as a society, love our children best?

Session 4 : Friday 23 May

Young People and Mental Health/III Health: How the Youth Hub Will Try To Help

Presenter: **Dame Sue Bagshaw**



Bio: Sue Bagshaw worked as a primary care doctor specialising in youth health at a one stop shop(YOSS) community youth health centre for 10-25 year olds, which she helped to set up, in 1995, now called Te Tahi Youth. She is working with others to set up a Youth Hub of services, recreation, creativity and transition housing. She is a senior lecturer in adolescent health in the department of Paediatrics at the Christchurch School of Medicine, and she is an educator with the Collaborative Trust (a research and training centre for youth health and development, which she also helped to set up). She has served as the President of the International Association of Adolescent Health and organised many international Youth Health Conferences. She has a wonderful husband who set up the Canterbury Charity Hospital, 4 adult children and 7 mokopuna and despite being born in Hong Kong doesn’t look a bit Chinese.